

CORA SERVES IN MANY WAYS

After getting involved with a number of charities during her career, celebrity chef Cat Cora decided to start her own. "We've been at Hurricane Katrina, Nicaragua, Honduras and many other places," she says of Chefs for Humanity, which she founded in 2005 to provide emergency food, nutritional education and hunger relief.

Next up: hosting a TV special, *Make A Difference With Loukoumi*, inspired by the children's books written by her friend Nick Katsoris. The show, airing Oct. 18 (check local listings), promotes helping others and dreaming big.

"For a young girl from Mississippi, I've been able to really live my dreams," Cora says. "No matter where they come from (or) what their family income is ... you can always follow your dreams and make them happen."

— MARA BERNSTEIN



Chef Cat Cora lives her dreams and helps others, too

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